

March 14th, 2016

2ND MEET PACKAGE REVISED

2016 Ann Phillips NB Provincial Synchro Championships

April 8-10th, 2016



**Ceps Sports Centre
Université de Moncton**
18 Antonine Maillet Avenue, Moncton, NB



Entry deadline: **Midnight March 18th, 2016**
Fill out Excel file "NBprovincials2016 entry forms.xls" which is attached with this meet package and must be sent electronically via e-mail
Please email directly to: caroldaley@rogers.com and cdrisdelle@hotmail.com

Please mail cheques to be received by March 18th for meet to:

Cheryl Drisdelle

281 Aboujagane Road
Haute-Aboujagane, E4P 5L9

Rules: National Stream will follow C.A.S.S.A rules.
Provincial Stream will follow Atlantic rules.

Co Meet Manager: Cheryl Drisdelle
281 Aboujagane Road, Haute-Aboujagane, E4P 5L9
506-531-6126
cdrisdelle@hotmail.com

Co Meet Manager: Dinie Lane
Cell : 506-866-9413
Email: **lane4@nbnet.nb.ca**

Entry Packages: Use only the "Official" Synchro Canada Entry Form. Use a separate entry form per age group. In the team event only, you can combine 3 consecutive age groups. In the duet event, a swimmer can swim up one age category. See Atlantic Competitive Program Rule Book 2014.

Entry Fees: A \$25.00 fine is assessed per routine for any late, incorrect or incomplete Entry package as per CASSA. (CASSA rule 5.1.5b)

Event: Provincial Stream will swim figures, flex testing and routines.
National Stream will swim figures, flex testing and routines.

Figure Draw: Figures will be drawn 18 to 48 hours prior to event by Chief Referee or designate.

Pool Entry: All routines must enter from the diving area (see pool diagram)

Music: Please submit all music electronically in a mp3 format via email by **by March 18th, 2016 to: caroldaley@rogers.com** using DropBox.com. All files should be labeled in this order NS or PS, category & age group, club code, athlete last name for everything except for teams
Examples:
PS Team 13-15 SURF
NS Solo 12&U FSSC Curtis
PS Duet 13-15 CCC Jones and Smith
Please bring your own music sources for land drill.

Coaches: Provincial Stream - Novice, 10 & under, 11-12 years, 13-15 years, 16 & over are to be fully certified Level 2 or Competition Introduction Synchro Coach. National Stream 12 & under, 13-15 years, Junior Fina and Senior Fina - Level 2 or Competition Introduction Synchro Coach

Technical Meet Package requires photocopies of listed Coaches NCCP Passports and any updates be attached to entry forms. Failure to do so will result in a \$25.00 fine per coach infraction or a one point penalty per listed routine if documentation and fine are not in hands of Chief referee at least one (1) hour prior to the first event for the competition. Special circumstances will be dealt with on an individual bases.

Tentative

Schedule:	Friday, April 8th	4:00pm – 10:00pm	Practice time
	Saturday, April 9th	8:00am – 8:00pm	Figures and Routines
	Sunday, April 10th	8:00am – 5:00pm	Figures and Routines

A more detailed schedule will follow when registration forms are received.

Please note any special scheduling requests.

Awards will be handed out throughout the day Saturday and Sunday.

Fees:	Provincial stream	National stream	Senior/Master Tech	Senior/Master Free
Figures:	\$35.00	\$37.00	N/A	N/A
Solo:	\$30.00	\$32.00	\$10.00	\$32.00
Duet:	\$60.00	\$65.00	\$20.00	\$65.00
Team:	\$100.00	\$120.00	\$45.00	\$120.00
Combo:	\$100.00	\$140.00	N/A	N/A

All cheques/money orders must be made payable to **“AquaSouls Synchro Club”** and received by no later then midnight, **March 18th, 2016.**

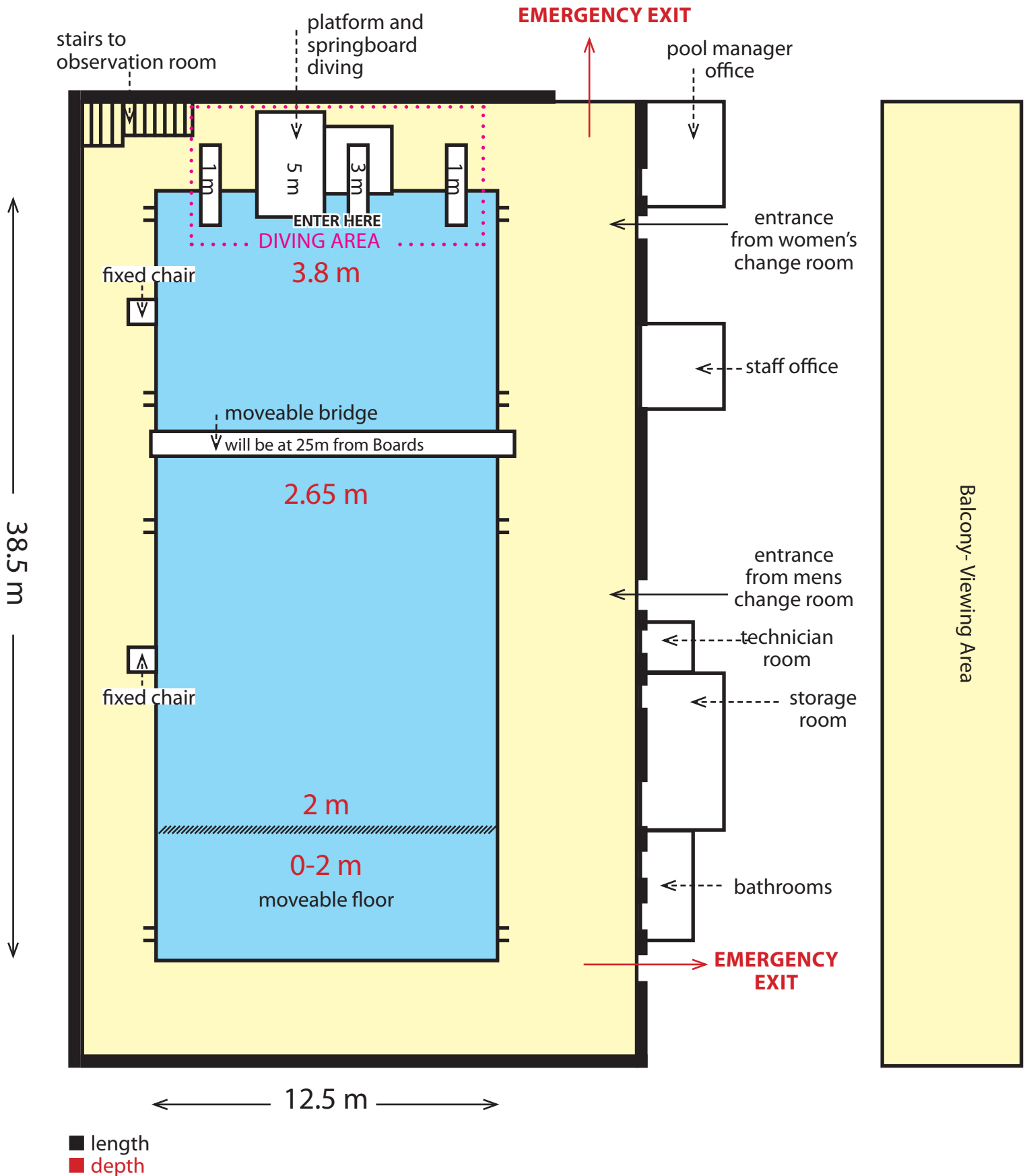
To be returned with REGISTRATION via email:

- Meet Entry Forms (use attached excel file please)
 - Entry fee and payment form (use attached excel file please)
 - Practice Request Forms (use attached excel file please)
 - Club Roster (use attached excel file please)
 - NCCP coaches Certification Form
- and copies of all coaches’ passports. (use attached excel file please)

To be mailed:

- Mail cheque or money order made payable to **“AquaSouls Synchro Club”** mailed to Cheryl Drisdelle.

Ceps Pool Diagram



Suggested Accommodations



Comfort Inn East

20 Maplewood Drive, Moncton, NB E1A 6P9
(506) 859-6868

7 minute drive to pool



Super 8 Moncton

370 Dieppe Boulevard, Dieppe, NB E1A 8H4
1 800-536-0519

10 minute drive to pool



Hampton Inn & Suites by Hilton

700 Mapleton Road, Moncton, NB E1G 0L7
(506) 855-4819

5 minute drive to pool



Future Inns

40 Lady Ada Boulevard, Moncton, NB E1G 0E3
(506) 852-9600

7 minute drive to pool

Forms:

All the forms and instructions for this meet are all included in the excel file that has been attached in the email called:

"NBprovincials2016 entry forms.xls"

(If you do not have access to excel, please contact us and we can send you alternate forms to fill out manually.)

Entry fees and payment form

Club: _____

National Stream/ Volet National (13-15, Junior, Senior)

Eveil/Épreuves	Number of routines/Nombre d'athlètes	Fees/ Coûts	Total fees per event/ Total par épreuve
Figure	@	\$17.00	-
Solo	@	\$42.00	-
Duet/Duo	@	\$65.00	-
Team/Équipe	@	\$120.00	-
Combo/ combiné par équipe	@	\$140.00	-

Senior FINA/ FINA Senior

Eveil/Épreuves	Number of routines/Nombre d'athlètes	Fees/ Coûts	Total fees per event/ Total par épreuve
Solo	@	\$32.00	-
Duet/ duo	@	\$65.00	-
Team/équipe	@	\$120.00	-
Combo/ combiné par équipe	@	N/A	-

Provincial Stream (Novice 11-12, Novice 13 and over, 10 and under, 12 and under, 13-15, 16 and over)

Volet Provincial (Novice 11-12, Novice 13 ans et plus, 10 ans et moins, 12 ans et moins, 13 à 15 ans, 16 ans et plus)

Eveil/Épreuves	Number of routines/Nombre d'athlètes	Fees/ Coûts (Institutional)	Total fees per event/ Total par épreuve
Figure	@	\$30.00	-
Solo	@	\$30.00	-
Duet/Duo	@	\$60.00	-
Team/équipe	@	\$100.00	-
Combo/ combiné par équipe	@	\$100.00	-

TOTAL MEET FEES: \$ _____

ENTRY FEES ARE PAYABLE TO "AquaSouls Synchro Club". PLEASE ATTACH CHEQUE TO THIS FORM.



Synchro N.B.

Practice Time Request/Demande De Temps de Pratique

Club _____
Coach/ Entraîneur _____
Date of Arrival / Date d'arrivée _____ Time/Heure _____

Provincial Stream/Volet Provincial

- Novice 11-12 solo duet/duo team/équipe combo/combiné par équipe
- Novice 13 + solo duet/duo team/équipe combo/combiné par équipe
- 10 / Under-10 / moins solo duet/duo team/équipe combo/combiné par équipe
- 12 / Under-12 / moins solo duet/duo team/équipe combo/combiné par équipe
- 13-15 / 13-15 solo duet/duo team/équipe combo/combiné par équipe
- 16 & Over / 16 & plus solo duet/duo team/équipe combo/combiné par équipe

National Stream/Volet National

- 12 / Under-12 / moins solo duet/duo team/équipe combo/combiné par équipe
- 13-15 / 13-15 solo duet/duo team/équipe combo/combiné par équipe

Junior FINA/ FINA Junior

solo duet/duo team/équipe combo/combiné par équipe

Senior FINA/ FINA Senior

solo duet/duo team/équipe combo/combiné par équipe
technical/technique free/libre

Signature of coach / Signature de l'entraîneur _____

Phone / Telephone _____

Email / Courriel _____

Hotel where club is staying _____

Coach to contact during meet _____ Cell number _____

Please return this form with entries / S.V.P. Retournez ce formulaire avec vos inscriptions

ROSTER FORM / RÉPERTOIRE DU CLUB

Form for listing athletes, including fields for name, age, gender, and team, organized into columns for different age groups and events.

LIGNES DIRECTRICES DE MISE EN APPLICATION EN CE QUI CONCERNE LES EXIGENCES DE CERTIFICATION PNCE

- 1. Les formulaires d'inscription pour les Championnats nationaux et de divisions doivent être dûment remplis et contenir l'information suivante:
 - 1.1 Nom de l'entraîneur
 - 1.2 Numéro de certification et niveau de certification PNCE de l'entraîneur
 - 1.3 Numéro de membre de Synchro Canada de l'entraîneur

EXPLANATION OF COACHING CERTIFICATION FOR NATIONAL COMPETITION FORM

- 1. The coaching certification form for National Championships must be completed to include:
 - 1.1 Coaches name
 - 1.2 Coaches NCCP certification number and level of certification
 - 1.3 Coaches Synchro Canada Membership number

COACHING CERTIFICATION FOR NATIONAL COMPETITION

COMPETITION	CLUB	CLUB CONTACT	PHONE	NAME OF COACH	NCCP Number		High Level NCCP		Certified to Synchro		Synchro Canada Membership Number						
					Registered	Coaches (figure only)	Theory	Technical	Practical	Yes		No					
DATE OF COMPETITION																	

EXPLANATION OF SYNCHRO CANADA OFFICIAL ENTRY FORM

- DEFINITION
 - 1. COACH DATA
 - NCCP #: Number assigned to each certified coach registered with the Canadian Coaching Association (CAC).
 - NCCP LEVEL: All coaches must be fully certified at Level 2 or Competition Introduction Synchro Canada in the new NCCP.
 - SYNCHRO CANADA MEMBERSHIP #: Number assigned to "General Members".
 - 2. EVENTS ENTERED
 - FIGURE COLUMN: All NS competitors must swim figures, (except Senior) - put an X in the first column. If a competitor is entered in events in more than one age group, her name MUST appear on both forms. National Stream girls that are swimming in 2 age groups must swim both sets of figures.
 - SOLO COLUMN: Indicate, with an X, the solo swimmer in this column.
 - DUET COLUMN: Indicate, with an X, the duet swimmers in first column. Identify with letter of alphabet (start with A) in the second column, the competitors swimming a duet together, i.e.: AA, BB, CC, etc. Identify the alternate to a duet with the corresponding letter of the alphabet in the third (ALT) column.
 - TEAM COLUMN: Identify the members of a team by putting an X in the first column. Identify the members of:
 - First team with A
 - Second team with B
 - Third team with C.
 - Column CC (CLUB COACH): Identify alternates with the corresponding letter in third column (ALT). Is to indicate the coach of each routine. Please identify each club coach by listing her in the "Coach Data" section and assign that number to the column (CC) in each event category.

NOTE: PLEASE INCLUDE ONLY ONE AGE GROUP PER ENTRY FORM